



BY WORD OF MOUTH

frozen for you

BOOK CLUB MENU

(Spring Lunch)

6 PEOPLE

MENU 1

Chicken Bake	1.24kg (Serves 4)	1
Glazed Norwegian Salmon	320g (Serves 2)	2
Green salad		
Quinoa salad	620g (Serves 2-4)	2
Crusty Plain Loaf	900g (Serves 8-10)	1
Meringue Roulade	450g (Serves 10-12)	1

SHOPPING LIST

Green salad